

# Anger Info

## James 1:19

After the command to KNOW, we have “*swift to Hear.*” Then “*slow to speak,*” now – “*SLOW TO WRATH,*” (ANGER)

God has given us a great challenge – are we perceptive to God and His Word? Do we use the tongue properly? Then God’s Spirit seemingly says, “Let’s dwell there a moment longer.” God has given us life – ETERNAL LIFE. The soul is saved – BUT – is the soul full? Receptive?

A receptive heart:

- 1) opens the EARS
- 2) controls the tongue
- 3) manages, rules, governs, restrains the emotion of anger.

Anger is the Greek word  $\text{οργε οργη}$  – to swell (a swelling which will eventually burst). (An inner, deep feeling that seethes and smolders).

## ANGER

1. Human anger never practices the things that God can approve.
2. Anger blocks God’s good from the life.
3. Bitterness never makes us better.

## Anger Info (Continued)

4. A temper that is hot never leads to a life that is HOLY.
5. It has been often said – “You throw mud – you will lose ground!”
6. Unbridled anger is a devastating sin.
7. It can create a distance in relationships, disturb children, and not accomplish anything good.
8. Jesus labeled anger as the root sin behind murder in [Matt. 5:21,22](#).
9. Before Cain committed the first murder in history, God confronted him with the question ([Gen. 4:6](#)) “*Why are you angry?*”
10. Paul tells us that unchecked anger gives the devil a foothold in life. ([Eph. 4:26, 27](#)) (Homes and yes, even churches are torn apart by anger.
11. People often hide “*Be angry and sin not.*” Righteous anger is normally not righteous.
12. In [Gal. 5:20](#), Paul gives a list: “*enmities, strife, jealousy, outburst of anger, disputes, dissensions (and) factions*” as DEEDS OF THE FLESH.
13. We must face reality – If we cannot make it through a week without ANGER – THEN WE ARE ADDICTED. IF WE ARE YELLING, NAME CALLING, THROWING THINGS, MAKING THREATS, THEN ANGER HAS CONTROL OF US.
14. FACE THE PROBLEM – ADMIT THE PROBLEM TO GOD – TAKE STEPS TO ROOT IT OUT – ALLOW SOMETHING FAR GREATER TO TAKE CHARGE. Read [Col. 3:12-14](#).