

# The Human Body

(Information about the human body, found in a Bible lesson introducing the subject of the Body of Christ, published by [Middletown Bible Church](#), of Middletown, CT)

The human body has been wonderfully made by God the great Creator. When David thought about the body he said, *"I will praise thee; for I am fearfully and wonderfully made; marvelous are thy works"* ([Psalm 139:14](#)). Your body is a marvelous living organism made up of billions and billions of tiny cells. There are more cells in your body than there are people in the world! [No one knows for sure how many cells are in the human body, but scientists estimate the number to be anywhere from 10 to 100 trillion cells.]

Here are some of the wonders of the body:

1. Our blood is circulated through 60,000 miles of tubing reaching to every part of the body. This tubing could be stretched around the world more than seven times (if all the veins, arteries and capillaries were laid end to end).
2. Every day the heart pumps 5,000 to 6,000 quarts of blood. The heart is an amazing pump which never seems to get tired and which never takes a rest.
3. An adult has over 200 separate bones. Also within the bones, there is an amazing blood manufacturing factory. Blood cells are made inside the bones.
4. There are more than 600 muscles in a person's body. These muscles, along with many perfectly designed joints, enable man to move his arms, legs and body with amazing coordination.
5. The nervous system may be likened to a highly organized postal system or telephone system, carrying messages to and from the brain. Nerve impulses can move at a speed of nearly 350 feet per second. They can zip up from a person's feet and back again more than 30 times in one second.
6. The world's most complex computer is the human brain. In fact, the entire human body is the world's most incredible piece of machinery. Men have made different kinds of robots, but they have never made any robot which can even begin to do what the human body can do!

Found in a [Bible lesson](#) on the subject of the Church, from Middletown Bible Church – Middletown, Connecticut

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